

**The Aim of the game** is to get from the starting line to the finishing line with out Dropping your egg.

Starting at a start line with an egg and a teaspoon each.

When you are ready to start the race, ask those competing to place the egg onto their spoon and then place their other arm behind their back.

When you say go, the competitors will race - as fast as they can without the egg rolling off the spoon - to the finish line.

If the egg falls, the competitor must start again!

Whoever crosses the finish line first with their egg still balanced on their spoon and an arm behind their back, wins.

**Competitors race** either individually or in teams in the manner of a relay race. For an extra challenge, contestants might carry the spoon three different ways.

- · Carry the spoon with two hands
- · Carry the spoon with your mouth and have one hand behind your back
- · Carry the spoon with your mouth and have both hands tied behind your back

