





## **HOW TO PLAY**

A single game is played by two people and each person throws two quoits alternately each turn. Select who throws 1st by doing a Rock, Scissors Paper competition, the throwing distance which each player must throw from is 6m. Each time a player throws a hoop over a rule they must complete the rule before the next player can throw. Quoits is won by the firs player to reach 500 points.